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**DISCHARGE INSTRUCTIONS**

**MYRINGOTOMY AND PE TUBES**

The purpose of this information is to explain what to expect after having a **MYRINGOTOMY AND PE TUBES**.

A small, plastic tube was placed inside the ear to help relieve any fluid buildup or pressure in the middle ear as well as relieving any congestion of the eustachian tube, in addition achieving proper ventilation in the middle ear cavity.

Eardrops were provided and need to be placed into the ear as well as taking the antibiotics. Please use these medications as instructed. You may be able to “taste” the eardrops after placing them into the ear. This is normal. You may also experience discomfort when placing the eardrops into your ears. This is also normal.

It is easier to have a friend or family member apply the eardrops, as it is difficult to administer these on your own. You may have been given a funnel to apply the eardrops. If so, please bring it with you to your followup appointment.

It is extremely important that you keep your ears dry after the procedure. You may have been provided with earplugs for this purpose. Please use them faithfully. You may also purchase earplugs at any pharmacy or drug store. If you do not have earplugs, you may chose to bathe, rather than shower to help keep the water out of your ears.

If discomfort is experienced, Tylenol can be taken for pain management.

You will be asked to return in seven to ten days after the procedure for a routine check.

Please contact our office if you experience any complications or difficulty after your procedure.

I understand the above information and consent to follow the instruction.

\_\_\_\_\_  
Patient or Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient or Guardian Name-Printed